

NOBLE CARE NOTES

(860)-436-5159

15 Elm St, Rocky Hill CT



Noble Care had a fantastic 4th of July celebration with cake, balloons, and crafts! We look forward to enjoying more parties in the future!

Professor Joe continued with his lecture series on stock market investing. The clients are using funny money to chart their stock investments. Many are having great success with their stock picks and everyone is having a great time learning about the market. More updates will be posted on our Facebook and Instagram pages.



NOBLE CARE

Adult Day Center

**Check out our
Website!**

<https://noblecarellc.com/>



**Please review us on Google and
Yelp following the links below!**

Google:

<https://g.page/r/CfbKyMLePVeqEBM/review>

Yelp:

<https://www.yelp.com/biz/noble-care-rocky-hill>

**Follow us on facebook and
instagram!**

Instagram:

<https://www.instagram.com/noblecarellc/>

Facebook:

<https://www.facebook.com/noblecarecenter>



Noble Care met with M.D. Birmingham from an incredible non-profit company known as UR Community Cares. UR Community Cares is a great resource for people who need transportation, help taking out the garbage, or any other task that may be challenging for one to complete due to physical or mental disabilities. <https://urcommunitycares.org/>



The Rare Reminder's Article about Noble Care, LLC: New Adult Day Care Center Provides Needed Services To Many

By Alexis Drascher, Staff Writer

ROCKY HILL - An adult day care center that assists seniors with cognitive or physical declines has opened in Rocky Hill.

Owner of Noble Care, Elaina Noble, said the center opened last October. "We offer seniors an opportunity to socialize and enjoy activities while being supervised in a safe environment," Noble said.

Located at 15 Elm St., the center is open Monday through Friday from 8 a.m. to 5 p.m.

According to Noble, seniors are entertained by different games and exercise routines. "Our senior clients often enjoy games of Bingo, Family Feud, Boggle, and numerous other games that are cognitively stimulating," she said. "The clients also enjoy daily exercise routines that include light calisthenics, chair yoga, walking, and stretching."

Noble said the center offers arts and crafts, including painting, scrapbooking, and seasonal decor. She also said there is a sensory therapy room

to promote physical sense stimulation. "Clients can engage in activities that stimulate them visually, tactically, or auditorily," she said. "I think the most important thing that seniors get to do at our center is socialize with each other and the staff."

According to Noble, the center was created to provide socialization for seniors. "Typically, when a new client starts at Noble Care, they are introverted and closed off because they have not been engaged in the months prior," she said. "We get to watch them open up and bring out their beautiful personalities."

Noble described socialization as amazing and rewarding and said family members and spouses had seen a positive change in the center's clients. "Although we've only been open for about nine months, we've witnessed this over and over again," she said.

According to Noble, the Rocky Hill community needed an adult daycare service after another closed location. "After the closing of the

prior center, seniors were forced to travel long distances to get to other adult day care centers or were left home and didn't have the opportunity to socialize with others," she said.

Noble said the center is geared towards seniors in need of support. "Seniors get to experience the benefits of the center, but families are also relieved of their caretaking duties for a short while," she said. "The seniors also get to experience a high quality of life, and their family members get to experience their loved ones' happy dispositions."

According to Noble, seniors could become

more extroverted at the center. She also described the center as a positive and uplifting community. "Adults are able to come out of their shells and communicate with others, all while discovering bits and pieces of themselves they may have forgotten," she said. "Being able to see the effect of the happy atmosphere at Noble Care is incredibly heartwarming."

For more information on the center and its services, call 860-436-5159 or visit <https://noblecarellc.com/>.

Rocky Hill Senior Center Events & Activities

Call 860-258-2786 for information and/or registration

SPECIAL EVENTS

WIANKI FESTIVAL - Friday, July 7, 12:00-2:00pm - Celebrate the Polish Summer Solstice Festival with traditional Polish food & music. We will dine on Galumpki, Kielbasa, Pierogi and

the fixings for a summer picnic. Back by Popular Demand—Pierce Campbell and the Spanners perform. Cost: \$12R/\$15NR. Co-sponsor: Rose Hill Funeral Home.

LIVE BIRD PRESENTATION-PRINCIPLES OF FLIGHT - Wednesday, July 12, 6:30-7:30pm - What makes a bird able to fly? Explore

Contact Details:

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<https://noblecarellc.com/>

Phone:

(860)436-5159

Address:

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NOBLE CARE

Adult Day Center

CLC HEATHER SKAANNING
AND
NOBLE CARE
PRESENT

There is SO MUCH MORE

A TALK DESIGNED TO HELP
FAMILY MEMBERS NAVIGATE
THEIR NEW ROLE AS
CAREGIVERS.

Please RSVP to noblecarecenter@gmail.com

AUGUST 23RD
2:00 PM
NOBLE CARE
15 ELM ST, ROCKY HILL, CT 06067



www.coachingwithheather.com

Please join us on Wednesday
the 23rd for an incredible talk
by Heather Skaanning!